



SWECHHA MULTIGRAIN ATTA



2kg

- | | | | |
|---------|-----------|------------|------------------------|
| ✓ गेहूँ | ✓ मकई | ✓ अलसी | ✓ आईसोलेट सोया प्रोटीन |
| ✓ सोया | ✓ ओट्स | ✓ जई | ✓ चोकर |
| ✓ चना | ✓ राजगीरा | ✓ सिंघाड़ा | ✓ गेहूँ फाइबर |





SWECHHA MULTIGRAIN ATTA

Swechha Multigrain Atta is made from 12 important Healthy grains & cereals to give your body maximum health benefits and to make your immunity stronger.





Swechha Multigrain Atta is made from 12 selected ingredients





Health Benefits of Swechha Multigrain Atta



Helps in Building Immunity



Aids Digestion



Enriched with Protein



Good Source of Vitamins & Minerals



Source of Omega-3 Fats



Helps to Manage Cholesterol



*We do not claim that our product treats any diseases or disorder

WHOLE WHEAT

- ✓ Source of complex carbohydrate
- ✓ Good source of vitamin B complex
- ✓ Good source of minerals
- ✓ Improves digestion



CHANA



- ✓ High in protein
- ✓ High in fibre
- ✓ Controls appetite
- ✓ Low in glycemic index
- ✓ Good for digestive system
- ✓ Boosts immunity
- ✓ Helps in maintaining healthy heart
- ✓ Rich in several essential vitamins and minerals



SOY & ISOLATED SOY PROTEIN

- ✓ Immunity booster
- ✓ Good for bones
- ✓ Helps in tissue repair
- ✓ Anti-ageing properties
- ✓ Helps to maintain muscle mass
- ✓ Helps to maintain pH of body
- ✓ Contains all essential 9 Amino Acids
- ✓ Helps in growth and development of children



CORN

- ✓ Rich in fibre
- ✓ Rich source of mineral
- ✓ Good for eye health
- ✓ Helps to maintain Skin



OATS

- ✓ Rich source of Beta-glucan
- ✓ Helps in weight management
- ✓ Improves metabolism
- ✓ Helps to control cholesterol
- ✓ Heart Health





RAJGIRA



- ✓ Good source of amino acids
- ✓ Good source of iron, magnesium, phosphorus, calcium
- ✓ Possess anti-inflammatory properties
- ✓ Easy to digest
- ✓ Rich in fibre



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FENUGREEK

- ✓ Good source of iron
- ✓ Helps to lower blood sugar levels
- ✓ Helps to balance blood lipid levels
- ✓ Hair care
- ✓ Helps in appetite control
- ✓ Helps to control cholesterol
- ✓ Helps in increasing milk production in breastfeeding mothers



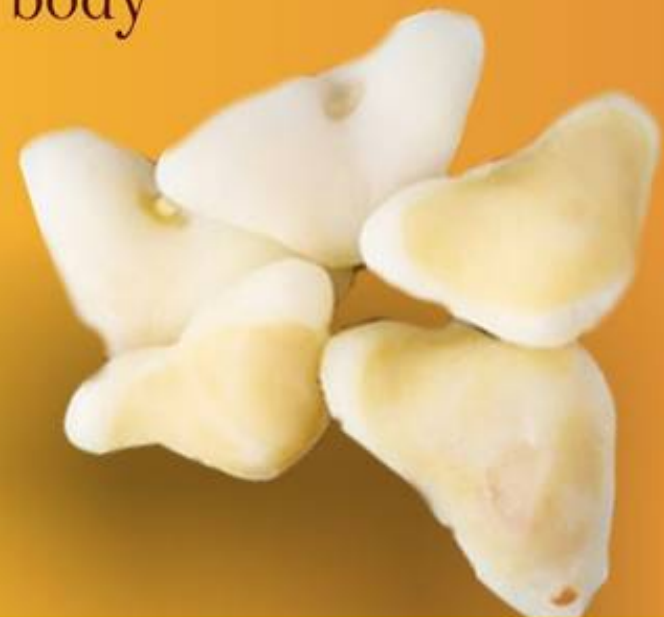
FLAX SEEDS

- ✓ Richest source of omega 3
- ✓ Rich source of vitamin E
- ✓ Source of fibre
- ✓ Good for heart health
- ✓ Helps to control appetite
- ✓ Lowers LDL cholesterol
- ✓ Lowers blood pressure
- ✓ Contains powerful antioxidants



WATER CALTROP

- ✓ Improves water regulation in the body
- ✓ Rich source of potassium
- ✓ Acts as an excellent coolant for the body
- ✓ Contains antioxidants
- ✓ Have zero cholesterol
- ✓ High in fibre
- ✓ Good source of Vitamin B 6
- ✓ Acts as natural detox



WHEAT BRAN

- ✓ Richest source of fibre
- ✓ Good source of essential vitamins and mineral
- ✓ Acts as a prebiotic



WHEAT FIBRE

- ✓ Makes chapati soft
- ✓ Helps to lower cholesterol
- ✓ Controls appetite





JAI RCM